















# ALLERGEN SHEET

M/C =MAY CONTAIN

X = CONTAINS

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Cheese & Onion Pasty Seasoned Potatoes & Sweetcorn. Salad Bar.		X					X							
Cajun Chicken with Potato bites Wrap & Salad Bar.	X	X					X		X				X	X
Chicken Pilau with Naan Bread & Raita.	X	X					X						X	
Cheese & Tomato Pizza Wedges & Salad Bar. (V)		X					X						X	
Southern Fried Chicken Burger Chips & Sauces.	X	X										X	X	
Spicy Chicken Pasta with Cheesy & garlic bread		X					X							
Tikka Chicken with Nachos & Salad Bar.	X	X					X		X				X	X
Mac & Cheese Garlic Bread, Salad.		X					X							
Chicken Fajita with Wedges, Wrap Salad	X	X					X		X				X	X

## Menu Item



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Tikka Chicken Panini.	X	X					X		X				X	X
Tomato & Cheese Panini. (v)		X					X							
Chicken Fajita Wrap.	X	X					X		X				X	X
Ice Cream.							X							
Mini Ring Doughnuts		X		X			X						X	
Cookies.		X		X			X						X	
Sponge.		X		X										
Mini Muffins.		X		X			X						X	
Jam Coconut Sponge.		X		X										
Choc Brownie.		X		X			X						X	
Waffles.		X		X			X							X
Crumpet		X					X						X	
Bagels		X										X		
Toast.		X					X							
Cheese on Toast.		X					X							
Tea Cakes.		X					X							