

# ALLERGEN SHEET

M/C =MAY CONTAIN

X = CONTAINS

Menu Item	Celery	Cereals containing Gluten	Crustaceans (Shellfish)	Eggs	Fish	Lupin	Milk	Molluscs (Shellfish)	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato & Basil Pasta Bake Garlic Bread.	x	x		x			x							x
Roast Chicken potato Yorkshire pudding peas gravy / vegetarian pie		x		x			x							x
Falafel, Wrap, Seasoned wedges.		x												
Tandoori chicken, wrap, Nachos & mayo	x	x		x			x		x				x	x
Vegetarian Nuggets with Potato Rostis. Sweetcorn & mayo		x		x			x		x				x	
Tomato, Garlic & Chilli pasta Garlic Bread	x	x		x			x						x	
Dail Curry with Rice & Naan Bread.	x	x					x						x	
Cheese & Tomato Pizza, Chips & Peas.		x		x			x							
Potato & Vegetable Curry, Rice Naan Bread.		xx						xx					xx	
Chicken Cajan, potato bites, sweetcorn & mayo.	x	x		x			x		x				x	x
Beef Pasta Bolognais, Garlic bread	xx	xx					xx						xx	

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Chickpea & vegetable Pilau, Naan Bread.	x	x					x						x	
Onion Bhaji, Spiced Potatoes, Peas & Sweetcorn, Garlic mayo.	xx	xx							xx			xx	xx	
Lamb Kofta Kebab, Wrap, Seasoned Wedges, Salad Bar.		x											x	x
Halal Beef Burger in a Bun & Chips.		x										x	x	x
Vegetarian bean Burger and bun & Chips.		x										x		
Vegetarian Burger & Chips.		x										x		
Southern Fried Chicken Burger & Chips.	x	x										x	x	
Chicken Goujon, Chinese Fried Rice, Prawn Crackers & Chinese Curry Sauce. / Spring roll	x	x	x	x					x			x	x	x
Cheese & Onion Roll, Chips & Salad		x					x							
Chicken Tikka Strips, Spiced Potatoes, Peas & Sweetcorn, Garlic Mayo.		x					x		x				x	
Jacket Potato, Cheese, Beans, Tuna Mayo				x	x	x							x	
Roast Vegetable pasta bake, Garlic bread	x	x					x						x	
Halal pepperoni & Cheese panini.		x					x		x			x		x
Cheese & Onion Panini.		x					x		x			x		x

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Chicken Tikka, Wrap.	X	X					X		X			X	X	
Jalapeno & Cheese Wrap.		X					X		X			X		X
Short Bread.		X												
Sponge/marble Cake	X		X											
Choc Chip Muffins.		X		X			X					X	X	
waffles	X		X				X							X
Jelly														
Ice Cream.							X							
Flapjack.	X													
Tea Cakes	X						X							
Cheese on Toast.	X						X							
Toast.	X						X							
Crumpets.	X		X				X					X	X	
Bagels.	X						X					X		
Mini Muffin.	X		X				X						X	
Jam Doughnut	X		X				X						X	
cheesecake	X		X				X							X
Brownie		X		X			X						X	
Cookies		X		X			X						X	