

ALLERGEN SHEET

M/C =MAY CONTAIN

X = CONTAINS

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Tomato & Basil Pasta Bake Garlic Bread.	x	x		x			x						x	
Roast Chicken potato Yorkshire pudding peas gravy / vegetarian pie		x		x			x						x	
Falafel, Wrap, Seasoned wedges.		x												
Tandoori chicken, wrap, Nachos & mayo	x	x		x			x		x				x	x
Vegetarian Nuggets with Potato Rostis. Sweetcorn & mayo		x		x			x		x				x	
Tomato, Garlic & Chilli pasta Garlic Bread	x	x		x			x						x	
Dail Curry with Rice & Naan Bread.	x	x					x						x	
Cheese & Tomato Pizza, Chips & Peas.		x		x			x							
Potato & Vegetable Curry, Rice Naan Bread.		xx					xx						xx	
Chicken Cajan, potato bites, sweetcorn & mayo.	x	x		x			x		x				x	x
Beef Pasta Bolognese, Garlic bread	xx	xx					xx						xx	

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Chicken Tikka, Wrap.	X	X					X		X			X	X	
Jalapeno & Cheese Wrap.		X					X		X			X		X
Short Bread.		X												
Sponge/marble Cake		X		X										
Choc Chip Muffins.		X		X			X					X	X	
waffles		X		X			X							X
Jelly														
Ice Cream.							X							
Flapjack.		X												
Tea Cakes		X					X							
Cheese on Toast.		X					X							
Toast.		X					X							
Crumpets.		X		X			X					X	X	
Bagels.		X					X					X		
Mini Muffin.		X		X			X						X	
Jam Doughnut		X		X			X						X	
cheesecake		X		X			X							X
Brownie		X		X			X						X	
Cookies		X		X			X						X	